



My 30 Day *goals*

Writing down clear and achievable goals is crucial for personal growth and professional success. So, take a moment to define your goals and plan the necessary action steps to achieve them. Envision where you want to be one month from now, both in your personal wellness and within your LifeVantage business. Then commit to focused and intentional efforts for the next 30 days to turn your goals into reality. Let's get started on your journey to success.

30-DAY HEALTH GOAL:

WHY DO I WANT TO ACHIEVE THIS GOAL?

WHAT ARE THE KEY ACTIONS STEPS I NEED TO TAKE TO ACHIEVE MY GOAL?

30-DAY BUSINESS GOAL:

WHY DO I WANT TO ACHIEVE THIS GOAL?

WHAT ARE THE KEY ACTIONS STEPS I NEED TO TAKE TO ACHIEVE MY GOAL?
