



# 90-Day Action Plan

SAN ANTONIO, TEXAS 2023

LifeVantage.

*all in*





*all in* TAKEAWAYS

Welcome to Global Convention! This workbook is your personalized guide to transforming your LifeVantage journey into an inspiring tale of achievement and growth. This event was meticulously crafted to empower you with knowledge, strategies, and the confidence to define your path and maximize your success.

This workbook isn't just a collection of notes – it's your map for charting the course to success in the next 90-days, with insights and plans tailored to your aspirations.

Let's embark on this adventure together, armed with knowledge, driven by determination, and united by the shared commitment to go "All-In" for success.

The journey starts now – turn the page and begin crafting your path to greatness



# Your 90-Day Action Plan

Let's take a moment to reflect on where you are, where you've been, and where you're destined to go. As we navigate the path ahead, remember that the possibilities are endless, and your dedication is the key to unlocking your true potential. It's time to roll up your sleeves and craft your 90-day action plan.

## The Numbers

Open your LifeVantage Back Office and write down your rank and volume numbers from last month. Where do you want to be at the end of your Fast Track reset? Write down your goal, and the volume difference to get there.

	LAST MONTH	GOAL	DIFFERENCE
RANK			
VOLUME			





### Your List

First step of reaching goal is making your contact list. Following Tyler Daniel's formula of 10:1 is the perfect way to calculate the effort you need to achieve Fast Track. Talk to 10 people to get 1 sale. That means 30 people to achieve a Fast Track. Craft your first month's list here. Refer to the back of this workbook for additional lists in month two and three.

In addition to potential customers, consider those on your follow-up list, your 'chicken list,' and finally, envision your ideal team players. With each name you jot down, visualize the positive impact you can have on their lives through LifeVantage. Your list is a testament to your commitment and a reflection of your belief in our products and business opportunity. It's a declaration that you're ready to lead, inspire, and make a difference.

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Working towards your 3&1 goals? Add 10 more names to stretch yourself.

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### Daily Actions

In the journey towards achieving your monthly goals, the power of breaking them down into daily action plans cannot be overstated. At first glance, reaching out to 40 people within a month might seem like a daunting task. However, when you dissect this goal into smaller, manageable steps, it becomes not only achievable but also empowering.

*Example: 40 people over 30 days = 10 people per week  
2 people per day over 5 days a week = 10 people per week.*

Suddenly, the mountain of a task appears as a series of manageable steps! It's a reminder that success is built one day, one conversation at a time.

Create your daily action plan. How many people you're going to talk to each day to reach your goal?

\_\_\_\_\_ per day \_\_\_\_\_ per week \_\_\_\_\_ per month

By following your daily action plan, you not only meet your goals but often exceed them.

Consistency is key in building lasting success. It's about nurturing relationships, cultivating trust, and demonstrating your commitment to helping others.

So, remember, the path to success is not a sprint; it's a series of intentional, daily actions. Break it down, reach out, and watch your dreams become reality, one conversation at a time.

### Fast Start Overachiever

Fast Track Reset means you have the chance to re-earn your Customer and Consultant blocks. With \$50 for every 3 new Customers with 100 SV and \$50 for every 3 Consultants with 150 SV you have the chance to stack up the earnings. Remember there's not limit to the number of \$50 Fast Track bonuses you could be earning over the next 90 days.

Set your goals now. How may Fast Start Tracks will you achieve when you're reaching your 90-day goal?

\_\_\_\_\_ Customer Fast Start Track x \$50 = \_\_\_\_\_

\_\_\_\_\_ Consultant Fast Start Track x \$50 = \_\_\_\_\_





**Plan for the Hard**

In the world of entrepreneurship, challenges are inevitable, but they need not be roadblocks on your path to success. Your next 90-day action plan is built, but things will come up that you didn't plan for. By acknowledging these and building a plan for when the going gets tough your business can thrive, even in chaos.

**Why do I want to achieve this goal?**

This is your driving force behind your actions and a constant reminder of what's at stake.

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**What could stop me from pursuing my goal?**

Be honest with yourself about potential challenges, whether they're external factors or internal doubts and fears. Recognizing these obstacles is the first step in overcoming them.

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**What are the key actions steps I need to take to achieve my goal?**

Each action step should be a small, actionable task that contributes to your overall objective.

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**How will I make sure I stay accountable to my plan?**

Consider setting up regular check-ins with a mentor or an accountability partner who can provide support and keep you on track.

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Remember that challenges are opportunities in disguise. They test your resolve, creativity, and resilience. With a well-thought-out action plan, a clear 'why,' and a commitment to staying accountable, you can navigate even the toughest of times with confidence. Your goals are within reach, and your action plan is the map that will lead you there. Embrace the journey, learn from the challenges, and watch your business thrive.



# Action plan



## MONTH ONE ACTION PLAN

3 New Customers who purchase 100 SV



Enroll 1 new Consultant on your team.  
Have them or their customers purchase 150 in SV



## MONTH TWO ACTION PLAN

3 New Customers who purchase 100 SV



Enroll 1 new Consultant on your team.  
Have them or their customers purchase 150 in SV



## MONTH THREE ACTION PLAN

3 New Customers who purchase 100 SV



Enroll 1 new Consultant on your team.  
Have them or their customers purchase 150 in SV



Help your Customers from Month 1 purchase again.  
See how their first month on the product was.  
Encourage them to get on subscription to gain access to their best price!

  

Help your Customers from Month 1 & 2 purchase again.  
See how their first month on the product was.  
Encourage them to get on subscription to gain access to their best price!

     

### SUBSCRIPTION PLUG

Gives your Customers access to their best price, Rewards Circle benefits and exclusive promotions.



Help your new Consultant get started!  
They should be focused on maximizing their FastTrack.  
Together you can focus on 3&1.

3 Customers

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3 Customers

1 Consultant

1 Consultant

\*LifeVantage does not promise the financial success of any Consultant. Your success depends on your skill, fortitude, dedication, and your ability to lead others to emulate these qualities. Nothing in this guide is a representation that you will be financially successful. LifeVantage does not guarantee any income or Rank success. The financial results achieved by LifeVantage Consultants are published on LifeVantage's Income Disclosure Statement at [www.lifevantage.com/us-en-earn](http://www.lifevantage.com/us-en-earn).







## Your 30-Day List

Month \_\_\_\_\_

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# *Congratulations*

All-In Achievers!

You've unlocked the path to success at Global Convention. Remember, every commitment, every goal, and every action brings you closer to your dreams. Your dedication, combined with the innovative products and empowering knowledge from this event, will propel you toward greatness.

Stay focused, embrace challenges, and celebrate victories—big and small. As you navigate the next 90 days, let the theme of “All-In” echo in your efforts. With TrueScience® TrueRenew in your arsenal and your next 90-day goals set, there's nothing holding you back. Your journey is yours to shape, and the rewards await when you boldly pursue them.

Here's to your success, your growth, and your unstoppable spirit. Now, it's your turn to transform these pages into a roadmap for your triumph!







READY  
SET  
ACTIVATE

