

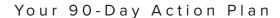


Welcome to Global Convention! This workbook is your personalized guide to transforming your LifeVantage journey into an inspiring tale of achievement and growth. This event was meticulously crafted to empower you with knowledge, strategies, and the confidence to define your path and maximize your success.

This workbook isn't just a collection of notes – it's your map for charting the course to success in the next 90-days, with insights and plans tailored to your aspirations.

Let's embark on this adventure together, armed with knowledge, driven by determination, and united by the shared commitment to go "All-In" for success.

The journey starts now - turn the page and begin crafting your path to greatness



Let's take a moment to reflect on where you are, where you've been, and where you're destined to go. As we navigate the path ahead, remember that the possibilities are endless, and your dedication is the key to unlocking your true potential. It's time to roll up your sleeves and craft your 90-day action plan.

## **The Numbers**

Open your LifeVantage Back Office and write down your rank and volume numbers from last month. Where do you want to be at the end of your Fast Track reset? Write down your goal, and the volume difference to get there.

	LAST MONTH	GOAL	DIFFERENCE
RANK			
VOLUME			





## **Your List**

First step of reaching goal is making your contact list. Following Tyler Daniel's formula of 10:1 is the perfect way to calculate the effort you need to achieve Fast Track. Talk to 10 people to get 1 sale. That means 30 people to achieve a Fast Track. Craft your first month's list here. Refer to the back of this workbook for additional lists in month two and three.

In addition to potential customers, consider those on your follow-up list, your 'chicken list,' and finally, envision your ideal team players. With each name you jot down, visualize the positive impact you can have on their lives through LifeVantage. Your list is a testament to your commitment and a reflection of your belief in our products and business opportunity. It's a declaration that you're ready to lead, inspire, and make a difference.

1	16
2	17
	18
	19
5	20
	21
	22
	23
	24
	25
	26
	27
	28
	29
	30

Working towards your 3&1 goals? Add 10 more names to stretch yourself.

1	6
2	7
3	8
4	9
5	10





## **Daily Actions**

In the journey towards achieving your monthly goals, the power of breaking them down into daily action plans cannot be overstated. At first glance, reaching out to 40 people within a month might seem like a daunting task. However, when you dissect this goal into smaller, manageable steps, it becomes not only achievable but also empowering.

Example: 40 people over 30 days = 10 people per week 2 people per day over 5 days a week = 10 people per week.

Suddenly, the mountain of a task appears as a series of manageable steps! It's a reminder that success is built one day, one conversation at a time.

Create your daily action plan. How many people you're going to talk to each day to reach your goal?				
	per day	per week	per month	
Consistency i demonstratin So, remember	is key in building las g your commitment r, the path to succes	to helping others.	of intentional, daily actions. Break	
\$50 for every the chance to	eset means you have 3 new Customers vo 5 stack up the earnin	with 100 SV and \$50 for eve	Customer and Consultant blocks.'ry 3 Consultants with 150 SV you h mit to the number of \$50 Fast Trac	ave
Set your goal 90-day goal?		st Start Tracks will you achie	eve when you're reaching your	
	Custome	er Fast Start Track x \$50 =		
	Consulta	ant Fast Start Track x \$50 =		



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## Plan for the Hard

In the world of entrepreneurship, challenges are inevitable, but they need not be roadblocks on your path to success. Your next 90-day action plan is built, but things will come up that you didn't plan for. By acknowledging these and building a plan for when the going gets tough your business can thrive, even in chaos.

Why do I want to achieve this goal? This is your driving force behind your actions and a constant reminder of what's at stake.	
What could stop me from pursuing my goal?  Be honest with yourself about potential challenges, whether they're external factors or internal doubts and fears. Recognizing these obstacles is the first step in overcoming them.	
What are the key actions steps I need to take to achieve my goal? Each action step should be a small, actionable task that contributes to your overall objective.	
<b>How will I make sure I stay accountable to my plan?</b> Consider setting up regular check-ins with a mentor or an accountability partner who can provid support and keep you on track.	e

Remember that challenges are opportunities in disguise. They test your resolve, creativity, and resilience. With a well-thought-out action plan, a clear 'why,' and a commitment to staying accountable, you can navigate even the toughest of times with confidence. Your goals are within reach, and your action plan is the map that will lead you there. Embrace the journey, learn from the challenges, and watch your business thrive.





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## MONTH ONE ACTION PLAN

3 New Customers who purchase 100 SV

3 New Customers who purchase 100 SV

MONTH TWO ACTION PLAN



Have them or their customers purchase 150 in SV Enroll 1 new Consultant on your team.



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Have them or their customers purchase 150 in SV Enroll 1 new Consultant on your team.



Help your Customers from Month 1 purchase again. Encourage them to get on subscription to gain See how their first month on the product was. access to their best price!



They should be focused on maximizing their FastTrack. Help your new Consultant get started! Together you can focus on 3&1.

1	Γ

Gives your Customers access to their best price, Rewards Circle benefits and exclusive promotions. SUBSCRIPTION PLUG

## 3 Customers

1 Consultant

# MONTH THREE ACTION PLAN

3 New Customers who purchase 100 SV





Have them or their customers purchase 150 in SV Enroll 1 new Consultant on your team.

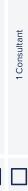


Help your Customers from Month 1 & 2 purchase again. Encourage them to get on subscription to gain See how their first month on the product was. access to their best price!

Γ	

They should be focused on maximizing their FastTrack. Help your new Consultant get started! Together you can focus on 3&1.

3 Customers	:
7	Γ



"Life/antage does not promise the financial success of any Consultant Your success depends on your skill, forthude, dedication, and your ability to lead others to emulate threse qualifies. Worthing in this guide is a representation that you with befair inscripted does not guarantee any incomor or Rank success. The financial results achieved by Liekantage Consultants are published on Liekantage's incomi Bisdosure Statement at www.liekantage. Consultants are published on Liekantage's income Discosure Statement at www.liekantage. Consultants are published on Liekantage's income.

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## Your 30-Day List

Month -			

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Congratulations

All-In Achievers!

You've unlocked the path to success at Global Convention. Remember, every commitment, every goal, and every action brings you closer to your dreams. Your dedication, combined with the innovative products and empowering knowledge from this event, will propel you toward greatness.

Stay focused, embrace challenges, and celebrate victories—big and small. As you navigate the next 90 days, let the theme of "All-In" echo in your efforts. With TrueScience® TrueRenew in your arsenal and your next 90-day goals set, there's nothing holding you back. Your journey is yours to shape, and the rewards await when you boldly pursue them.

Here's to your success, your growth, and your unstoppable spirit. Now, it's your turn to transform these pages into a roadmap for your triumph!





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